I travel extensively in my work. XM radio provides me with the information and entertainment I want without searching up and down the dial. Outlying areas provide little or no selections or information.

I feel by not having to search up and down the dial for weak staions with poor reception I am able to better concentrate on my driving with fewer distractions. I just set it and forget it. I know there is much talk about limiting distractive type activities while driving such as cell phones, navigation systems, radios etc. I think XM radio offers some solution to this.